

Discussion 2

Tara Institute 'Nagarjuna's Precious Garland' Block 4 Study Group 2012

Discussion Week 6 (18.07.2012)

Week: 1 (19 June 2012)

1. Give the definitions of:

- a) Shame [2]
- b) Embarrassment [2]

2. What is something we can do to prevent us from engaging in a misdeed? [2]

3. a) What is inflatedness? [2]

b) How will we naturally develop a sense of respect? [2]

c) What do we need to do to protect ourselves from this defilement? [2]

4. What is:

- a) Faulty exertion? [2]
- b) Arrogance? [2]
- c) Non-conscientiousness? [2]

5. What three things are essential in, preventing one from breaking ones vows and commitments, and engaging in virtue? [3]

Week: 2 (26 June 2012)

(15) Pride. There are three types of pride. Deluded pride, pride of action and pride of ability

6. Explain:

- a) Pride of action. [2]
- b) Pride of ability [2]

7.. List and give a brief explanation of the following types of deluded pride

- a) Pride of selfhood [2]
- d) Pride of thinking 'I' [2]

8. Give a brief explanation of the following type of deceit.

(16) Hypocrisy [2]

Week: 3 (3 July 2012)

9. Give a brief explanation of:

- (21) Repeating faults [2]
- (22) Non-collectedness [2]
- (23) Clinging [2]

2. Give a brief explanation of:

a) (24) Discrimination of difference [2]

b) How can we relate this to the sequence in which the five aggregates are presented? [4]

10. (25) Not looking into the mind [2]

(26). Degeneration of respect and reverence for deeds concordant with the practices. [2]

(28) Yearning [2]

(30). Avarice [2]

11. Many of these defects are related to attachment. What is the main thing to understand about attachment and what aspect of attachment is mistaken? [4]

Week 4 (10 July 2012)

12. Why is it really important that we ponder these points on how attachment and anger arise in our minds?

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