

Discussion (6.12.2011)

Week: 1 (8 November 2011)

1. In reference to verse 330 and Geshe la said, “We really need to derive the essence of the advice given here and really try to apply it to our daily practice.” What is this essence? [4]

2. a) What will a very profound understanding of karma result in? [4]

b) How does this profound understanding of karma help develop a real sense of compassion for those who engage in negative deeds? [2]

3. What is the definition of negative karma? [2]

4. Describe another way to develop a positive state of mind such as compassion. [4]

5. What is the definition of virtue? [2]

Week: 2 (15 November 2011)

6. Gyalsab Je begins his commentary with a query..... “Isn’t the reason for imprisoning criminals because you wish them to experience suffering? If that is so then why wish them Happiness?” Explain Gyalsab Je’s answer. [4]

7. a) Give the analogy the Buddha provided as a means to develop sound reasoning and wisdom within ourselves. [3]

b) Explain how these three levels are applied to the teachings. Give an analogy/example of each. [6]

Week: 3 (22 November 2011)

8. a) How is the king being advised to handle difficult citizens such as criminals? [2]

b) How can we relate to this advice? [2]

9. How can we turn something that is not normally considered as a religious practice into a religious or Dharma practice? [4]

10. How did we gain our present human life? [2]

Week 4 (29 November 2011)

11. ‘So contaminated worldly pleasures fall into the category of suffering’. Explain and give an example. [4]

12. How is the experience of pleasure a dependent arising? [2]