

Discussion (02.08.2011)

Week: 1 (28 June 2011)

1. What is the definition of patience? [2]
2. Give the three categories of compassion. [3]
3. How does laziness work as the cause of all our defects and faults? [4]

Week: 2 (28 June 2011)

4. What is the great significance of the dedication prayer? [2]
5. The realisation of emptiness paramount. Why? [2]

Week: 3 (5 July 2011)

6. Why is providing the means for even the very basic level of education highly meritorious? [4]
7. Earlier in our life when we had no specific training in taking the suffering of others we may have felt a bit helpless when we saw someone suffering. After having engaged in the meditation practice of giving and taking, our whole attitude will be different when we see someone suffering. How so? [2]

Week: 4 (12 July 2011)

8. a) Give the great Indian master Ashvagoshā's analogy that illustrates the purpose of Dharma. [2]

b) Take the analogy further. [2]

c) Why do we need to remove our faulty way of thinking? [2]

9. Explain verse 258: **Even during their seventh step
Merit measureless as the sky
Is generated in bodhisattvas
Whose attitude is to give all wealth away.** [4]

Week: 5 (19 July 2011)

10. What is the result of giving with a generous mind, without any sense of loss? [4]
11. Explain the process for gaining ultimate wisdom within ourselves. [4]

Week: 6 (26 July 2011)

12. What did His Holiness emphasise in his recent teachings re: the objects of our patience? [4]