

# T A R A I N S T I T U T E

(Study Group Test)

11<sup>th</sup> April, 2000

Answer any four from question.no.1-6

Question.no.7 is compulsory

Time allowed one hour

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1. Why does our attachment to this life lead to dissatisfaction and suffering?
1. a)How do the three stages of the Path differ in terms of motivation and goal?  
b)Is it necessary for one to follow these three in order to achieve the state of Buddhahood?  
c)If so, how can one combine the three in a single Path to Enlightenment?
1. Discuss the advantages of cherishing others and the disadvantages of self-cherishing.
1. What are the eight remedies to counteract the five obstacles to achieve calm abiding?
1. Briefly describe each state of nine mental abiding.
1. Identify mental sinking and excitement.
1. (Compulsory)  
Discuss the meaning of the following lines from Maitreya's "the Ornament of Sutras".

“Any place where the wise practice  
Has excellent provisions; is a wholesome place;  
Is a healthy location; has noble friends at hand;  
And has facilities to satisfy the yogi.”