

TARA INSTITUTE

STUDY GROUP TEST

6th April, 1999

Answer any **four** from question no 1-6

Question no 7 is compulsory

Time allowed one hour

1. "Practise all yogas as one". Explain.
2. What are the seven points in the Seven Point Thought Transformation?
3. What are the benefits of cultivating right motivation before undertaking any action?
4. In the line "attain the three principle causes', what are they?
5. What are the three undeclining attitudes?
6. Why is it important not to speak of the faults of others but instead to point out their good qualities?
7. (COMPULSORY)

Explain the meaning of the following lines from the Seven Point Thought Transformation:

"There are two duties, at the beginning and end

Endure whatever situation arises, either good or bad".