

TARA INSTITUTE

STUDY GROUP TEST-3

30th June, 1998

Answer any four from question no. 1-6

Question. no. 7 is compulsory

Time allowed one hour

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1. Describe the qualities of the thought transformation teachings based on the following verse:- "It is like a diamond, the sun and the healing tree".
 2. Explain the meaning of the five degenerations.
 3. "Guru is Buddha, Guru is Dharma, Guru is Sangha, Guru is creator of all".
What does it mean by Guru is creator of all?
 4. Why is it necessary to teach the ultimate bodhicitta first to Bodhisattvas with sharp faculties?
 5. Explain the meditation on equalising self with others.
 6. Discuss the disadvantages of the self cherishing attitude.
 7. **(Compulsory)**

Explain the meaning of the following lines from the "Eight Stanzas Thought Transformation" by Kadampa Geshe Lang-ri Tang-pa (1054-1123).

With a determination to accomplish
The highest welfare for all sentient beings
Who surpass even a wish granting jewel
I will learn to hold them supremely dear