

# TARA INSTITUTE

## STUDY GROUP TEST-1

7th April, 1998

Answer any **four** from question no. 1-6

Question no.7 is compulsory

Time allowed one hour

1. What do spiritually minded and worldly minded people have in common and what distinguishes them?
2. Define the three scopes of spiritual practice.
3. "I must practise dharma, I am capable of practising it, I must practise it in this life time, and I must practise it right now." Discuss.
4. How do we cultivate superior intention to generate bodhicitta?
5. Why should we consider ourselves fortunate?
6. What are the two mental aspects (aspirations) of bodhicitta?
7. (Compulsory)

Identifying the objects of refuge and the causes for taking refuge, explain the manner of taking refuge.