

TARA INSTITUTE

STUDY GROUP TEST-4

12th August, 1997

Answer any four from question.no. 1-6

Question.no.7 is Compulsory

Time allowed one hour

1. Describe how can we integrate the bodhicitta mind into the beginning, middle and end of our spiritual practice?
2. Discuss the meaning of the 8th benefit, ie. bodhicitta can protect us from receiving harms and hindrances.
3. Explain how bodhicitta is the source of all joy and happiness.
4. What are the two main lineages of instruction to generate bodhicitta?
5. List the stages in training in the seven fold cause and effect technique.
6. Define bodhicitta.
7. **(Compulsory)**

Explain the meaning of the four means of gathering disciples.