

DISCUSSION

BLOCK: 4
WEEK: 5

ASSIGNED: 19TH JULY 05

1. What two examples does Shantideva point out to show the absurdity of the *Particularists* version of the self?
2. Why does the non-Buddhist opponent in the ninth chapter say that the self must be permanent? What does Shantideva say in reply to this position?
3. What is the example used by Shantideva to show that if we try to find any other real nature of the "me", we come up with nothing?
4. Name the four close placements by mindfulness used to understand the meaning of emptiness, and then describe the major points used in the discussion of the first only.
5. Supposing the body is not the parts, the collection of the parts, or something essentially different from these, describe then what the body is from a Prasangika perspective.
6. Show how wrong attachment for a body is developed, and describe what understanding would eliminate this mental affliction from arising in one's mind.
7. State the proof that Shantideva gives to show that feelings of pain are not self-existent.
8. State the example that Shantideva gives to show that feelings of pleasure are not self-existent.
9. List the five ever present mental factors, and describe their role in the perception process.
10. Describe how craving is generated in a person's mind.
11. One of the most common activities to crave for is eating and drinking. Suggest a few virtuous approaches to this pastime.