

DISCUSSION

Block 5 2007

Week 1 (16 October 2007)

1. List the Eight-fold path of the Exalted. [4]
2. Explain how the three higher trainings are dependent on each other. [3]
3. Explain the ultimate method for overcoming the disturbing emotions and delusions within one's mind. [2]

Week 2 (23 October 2007)

4. What are extremely hidden phenomena and how are they established?
5. Inference refers to what and how does one understand phenomena through inference?
6. a) What are the two types of grasping?
b) What remains after these two have been eradicated?
c) What does this remainder cause?

*7. The explanation here is based on a text called *Tsiksel* in which four types of valid cognition are established. What are these four cognitions? Explain the last two.

Week 3 (30 October 2007)

8. Why does emptiness instill fear in ordinary beings? [2]
9. Who are the suitable vessels to receive the teachings on emptiness? [2]
10. What are the teachings most conducive to those who have a strong misconception of grasping to the self? [2]
- *11. Why should teachings on emptiness not be given to those who are not suitable? [2]

Week 4 6 November 2007

12. Describe and discuss the process, mentioned in the commentary, needed to gain realisations of teachings on emptiness.

* These questions won't be on the exam