## Tara Institute Study Group 2006 - 'Aryadeva's 400 Verses'

## **DISCUSSION**



- 1. Overcoming sexual desire will bring joy to one's mind. Elaborate on this advice given by Geshe la. [2]
- 2. How does the commentary treat having a possessive attitude towards one's spouse? [2]
- 3. Is desire for a woman (or man) pleasurable by itself? Prove why this is/is not the case. [2]
- 4. Sex is not in itself pleasurable. How does the commentary support this assertion? [3]
- 5. Relate the analogy which points out the unreasonableness of blindly maintaining one's desire. [2]
- 6. Give some examples that show the nature of the body to be unclean. [2]
- 7. 'The body is clean because one sees people taking pride in it.' How is this assertion addressed in the commentary? [3]
- 8. 'Although women are full of urine, these sages do not give them up because they themselves are the same.' What assertion is this analogy addressing? [1]
- 9. What likeness do Foe Destroyers have to the merchant in the analogy about the traveling merchant and his daughter? [2]
- 10. Summarize the absurdity of being obsessed and attached to this body. Is this attitude the basis for developing renunciation? [3]
- 11. In the first verse of Chapter Four, what is taught to overcome manifest pride in those who are arrogant? [2]