

DISCUSSION

BLOCK:	3
WEEK:	5
27 TH JUNE 06	

From 30 May 2006

1. Explain why feelings of pain from the body should not be treated as negligible.
2. Once one realises the very nature of our contaminated bodies is suffering, what can one do about it?
3. *It is as if transitory beings are pursued by suffering.* Comment.

From 6 June 2006

4. The first type of suffering (the suffering of suffering) does not give a deep understanding of how the body is a contaminated body. Why not?
5. Relate how cherishing your body can be like cherishing your enemy.
6. Describe the various sufferings that the rich and poor cannot escape.

From 13 June 2006

7. Explain why pleasurable sensations are not natural to the body.
8. Why does contemplating the nature of the contaminated body as being in the nature of suffering serve as an impetus to renunciation?
9. Why are contaminated pleasures a form of suffering?

From 20 June 2006

10. 'If the body's nature was pleasurable it would not have to rely upon these external conditions'. Explain.
11. Why is the body in always in a state of unease? Give two examples that illustrate this point.
12. 'How can that which at the start does not begin, in the end increase?' Explain these two lines using an example.

YOU ARE IN GROUP 1

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YOU ARE IN GROUP 2

DISCUSSION

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WEEK: **5**

27TH JUNE 06

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YOU ARE IN GROUP 3

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